

1

00:00:00,000 --> 00:00:06,800

High atop the Himalayas could be a gateway to another realm.

2

00:00:06,900 --> 00:00:08,840

There's a place somewhere in Tibet

3

00:00:08,940 --> 00:00:10,800

that is some kind of vortex.

4

00:00:10,900 --> 00:00:15,780

This said that this was the abode of the gods,

5

00:00:15,880 --> 00:00:18,380

with thousands of reports of UFOs.

6

00:00:18,480 --> 00:00:21,380

Suddenly, they saw an oval-shaped object

7

00:00:21,480 --> 00:00:22,920

pass over them.

8

00:00:23,020 --> 00:00:25,720

Accounts of terrifying monsters.

9

00:00:25,820 --> 00:00:29,220

These yeti's are able to appear and disappear at will.

10

00:00:29,980 --> 00:00:32,680

And mysterious mass vanishings.

11

00:00:32,780 --> 00:00:34,520

This kingdom had power.

12

00:00:34,620 --> 00:00:35,580

It had glory.

13

00:00:35,680 --> 00:00:38,220

And then it disappeared.

14

00:00:38,320 --> 00:00:42,860

Could Tibet be an extraterrestrial outpost on Earth?

15

00:00:42,960 --> 00:00:45,800

The reason why this area of the world

16

00:00:45,900 --> 00:00:50,240

has become a religious center is because of the arrival

17

00:00:50,340 --> 00:00:51,240

of the extraterrestrials.

18

00:00:54,040 --> 00:00:56,840

There is a doorway in the universe.

19

00:00:59,280 --> 00:01:03,420

Beyond it is the promise of truth.

20

00:01:03,520 --> 00:01:06,180

It demands we question everything

21

00:01:06,280 --> 00:01:08,720

we have ever been taught.

22

00:01:08,820 --> 00:01:12,160

The evidence is all around us.

23

00:01:12,260 --> 00:01:16,200

The future is right before our eyes.

24

00:01:16,300 --> 00:01:19,000

We are not alone.

25

00:01:19,100 --> 00:01:21,340

We have never been alone.

26

00:01:30,220 --> 00:01:33,020

On the northern side of the Himalayas

27

00:01:33,120 --> 00:01:39,220

lies the highest geographical region on Earth, Tibet, known

28

00:01:39,320 --> 00:01:41,120

as the roof of the world.

29

00:01:41,220 --> 00:01:45,960

It has an average elevation of nearly 15,000 feet.

30

00:01:46,060 --> 00:01:50,140

There is 40% less oxygen to breathe here than at sea level.

31

00:01:50,240 --> 00:01:53,180

And the weather can be dangerous and unpredictable.

32

00:01:53,240 --> 00:01:57,080

Yet more than 3 million people call Tibet home.

33

00:01:57,180 --> 00:01:59,540

Millions more brave the harsh conditions

34

00:01:59,640 --> 00:02:04,620

to travel here each year and visit Tibet's sacred peaks,

35

00:02:04,720 --> 00:02:08,620

including Mount Everest, which reaches nearly 5 and 1 half

36

00:02:08,720 --> 00:02:09,960

miles into the heavens.

37

00:02:13,560 --> 00:02:19,060

Tibet to be called land of snow and also be called

38

00:02:19,120 --> 00:02:21,720

Shangri-La.

39

00:02:21,820 --> 00:02:27,360

Tibet land is very high, isolated, and very unique.

40

00:02:27,460 --> 00:02:31,460

Here is this mountain kingdom very hard to get to

41

00:02:31,560 --> 00:02:37,100

with an exotic culture all its own amazing architecture.

42

00:02:37,200 --> 00:02:41,640

And the dizzying heights of its location.

43

00:02:41,740 --> 00:02:43,840

There are a lot of mysteries involved

44

00:02:43,940 --> 00:02:45,640

with the origin of the land.

45

00:02:45,700 --> 00:02:47,900

There are a lot of mysteries involved

46

00:02:48,000 --> 00:02:52,900

with the origin of Tibet and also a lot of history.

47

00:02:53,000 --> 00:02:57,500

Tibet is usually referred to as land of gods.

48

00:02:57,600 --> 00:03:01,040

It is an exotic land where many people, Westerners,

49

00:03:01,140 --> 00:03:04,140

wanted to go there.

50

00:03:04,240 --> 00:03:07,140

The secrets of the Tibetan culture

51

00:03:07,240 --> 00:03:13,920

have eluded us and held our fascination since early times.

52

00:03:14,300 --> 00:03:19,460

Humans have inhabited Tibet for at least 20,000 years.

53

00:03:19,560 --> 00:03:21,960

Little is known about the earliest inhabitants

54

00:03:22,060 --> 00:03:25,000

of this forbidding environment.

55

00:03:25,100 --> 00:03:28,540

But ancient Tibetan texts identify the region's first

56

00:03:28,640 --> 00:03:35,140

rulers as the Jiangxiang people who emerged around 500 BC.

57

00:03:35,240 --> 00:03:39,320

Much about this early civilization is still a mystery.

58

00:03:39,420 --> 00:03:41,520

But their spiritual tradition, called

59

00:03:41,620 --> 00:03:47,020

the Tibetan god, remains a powerful force in Tibet.

60

00:03:47,120 --> 00:03:49,020

The native indigenous Tibetan religion,

61

00:03:49,120 --> 00:03:53,500

which is known as bun or bunpo, that in many ways

62

00:03:53,600 --> 00:03:54,960

is similar to Taoism.

63

00:03:55,060 --> 00:03:57,560

It connects nature and spirituality.

64

00:03:57,660 --> 00:04:00,640

Certain spots are very powerful spots.

65

00:04:00,740 --> 00:04:05,240

There's a lot of magic involved, like with demons and exorcisms.

66

00:04:05,340 --> 00:04:09,480

In the eighth century, Tibetan king Trisong Detsen

67

00:04:09,540 --> 00:04:14,840

introduced a new religion and philosophy to the area, Buddhism.

68

00:04:14,940 --> 00:04:18,440

Followers of Buddhism share a belief in reincarnation

69

00:04:18,540 --> 00:04:21,780

and don't acknowledge a supreme god or deity.

70

00:04:21,880 --> 00:04:25,120

They instead focus on achieving enlightenment,

71

00:04:25,220 --> 00:04:28,920

a state of inner peace, and wisdom.

72

00:04:29,020 --> 00:04:33,520

The combination of bun, Buddhism, and other local traditions

73

00:04:33,620 --> 00:04:37,960

resulted in what is known today as Tibetan Buddhism.

74

00:04:38,020 --> 00:04:40,680

At the same time Buddhism was introduced,

75

00:04:40,780 --> 00:04:44,120

Tibet also gave rise to the world's most mysterious

76

00:04:44,220 --> 00:04:48,020

spiritual leader, the Dalai Lama.

77

00:04:48,120 --> 00:04:51,360

We believe the Dalai Lama is the original lineage

78

00:04:51,460 --> 00:04:53,460

from the Buddha.

79

00:04:53,560 --> 00:04:57,560

Dalai Lama is a manifestation of very special, dedicated

80

00:04:57,660 --> 00:05:02,500

compassion Buddha manifested for Tibet.

81

00:05:02,600 --> 00:05:05,540

The great Tibetan thinkers strongly believe,

82

00:05:05,580 --> 00:05:07,720

along with the rest of the population,

83

00:05:07,820 --> 00:05:14,180

that this is in fact the 74th incarnation of the Chenretzi.

84

00:05:14,280 --> 00:05:17,720

And it is a continuation of the Buddha himself.

85

00:05:17,820 --> 00:05:20,460

So the current Dalai Lama is a continuation

86

00:05:20,560 --> 00:05:23,760

of this great energy.

87

00:05:23,860 --> 00:05:28,860

Islam has all these great personalities lived in Tibet.

88

00:05:28,960 --> 00:05:31,600

So perhaps there is something to be learned

89

00:05:31,700 --> 00:05:34,060

from these great masters in Tibet.

90

00:05:35,600 --> 00:05:37,940

Having traveled into Tibet a number of times,

91

00:05:38,040 --> 00:05:40,340

it really expands your mind.

92

00:05:40,440 --> 00:05:44,840

And in many ways Tibet is that magical, mystical place

93

00:05:44,940 --> 00:05:48,340

where anything can happen.

94

00:05:48,440 --> 00:05:51,480

Tibet not only stands at a crossroads

95

00:05:51,580 --> 00:05:55,320

of Eastern religious traditions, but is believed by many

96

00:05:55,420 --> 00:06:00,020

to be a place where heavenly beings actually reside on Earth.

97

00:06:00,120 --> 00:06:04,860

It is said that this was the abode of the gods.

98

00:06:04,920 --> 00:06:08,480

The Himalayan region is filled with stories

99

00:06:08,580 --> 00:06:14,360

of so-called celestial beings that descended from the sky

100

00:06:14,460 --> 00:06:18,900

in flying vehicles that they refer to as dragons

101

00:06:19,000 --> 00:06:22,440

and flying furnaces.

102

00:06:22,540 --> 00:06:26,140

According to some of the earliest Sanskrit texts,

103

00:06:26,240 --> 00:06:31,680

the first Buddha that ever walked the Earth was nine feet tall,

104

00:06:31,740 --> 00:06:34,940

had light blue skin, and his arms

105

00:06:35,040 --> 00:06:38,240

reached all the way down to his knees.

106

00:06:38,340 --> 00:06:40,780

And there are multiple statues all

107

00:06:40,880 --> 00:06:43,280

throughout that region of the world that

108

00:06:43,380 --> 00:06:47,320

depict exactly a Buddha like that.

109

00:06:47,420 --> 00:06:50,320

Tibetan, we believe that a lot of planets

110

00:06:50,420 --> 00:06:53,100

have a lot of human beings.

111

00:06:53,200 --> 00:06:57,300

We are not necessarily what we call the human being in this world.

112

00:06:57,400 --> 00:07:01,100

We believe some ancient aliens visit to this world.

113

00:07:02,100 --> 00:07:05,700

Visitation did happen, and this was something

114

00:07:05,800 --> 00:07:09,600

that has remained in the consciousness of the local

115

00:07:09,700 --> 00:07:12,300

people over millennia.

116

00:07:12,400 --> 00:07:15,480

The reason why this area of the world

117

00:07:15,580 --> 00:07:20,020

has become a religious center is because of the arrival

118

00:07:20,120 --> 00:07:22,320

of the extraterrestrials.

119

00:07:22,420 --> 00:07:24,820

Is it possible that the culture of Tibet

120

00:07:24,920 --> 00:07:28,720

was influenced by ancient alien visitors?

121

00:07:28,780 --> 00:07:32,180

And if so, could they still be present in this mountainous

122

00:07:32,280 --> 00:07:34,380

region today?

123

00:07:34,480 --> 00:07:37,260

According to both Hindu and Buddhist traditions,

124

00:07:37,360 --> 00:07:41,020

the gods reside in a hidden kingdom in the Himalayas,

125

00:07:41,120 --> 00:07:43,100

known as Shambhala.

126

00:07:43,200 --> 00:07:48,240

Shambhala is a very important role in the Tibetan culture,

127

00:07:48,340 --> 00:07:51,300

and we believe it exists in this world.

128

00:07:51,400 --> 00:07:55,640

Shambhala is ruled by kings who live for hundreds of years.

129

00:07:55,660 --> 00:07:59,740

They are all knowing, and they particularly

130

00:07:59,840 --> 00:08:04,140

are guiding the planet very much as we often

131

00:08:04,240 --> 00:08:06,980

think that extraterrestrials are doing.

132

00:08:07,080 --> 00:08:09,040

They have wonderful technology.

133

00:08:09,140 --> 00:08:10,280

There's electricity.

134

00:08:10,380 --> 00:08:11,640

There's airships.

135

00:08:11,740 --> 00:08:13,680

So what is going on in Shambhala?

136

00:08:13,780 --> 00:08:16,720

Is it some mystical city of the masters

137

00:08:16,820 --> 00:08:20,660

where extraterrestrials and humans are living and working

138

00:08:20,760 --> 00:08:21,920

together?

139

00:08:22,020 --> 00:08:23,960

I mean, that's what many people believe.

140

00:08:24,020 --> 00:08:27,980

Is the lost kingdom of Shambhala really a secret city

141

00:08:28,080 --> 00:08:30,660

of advanced extraterrestrial beings,

142

00:08:30,760 --> 00:08:34,060

as some ancient astronaut theorists suggest?

143

00:08:34,160 --> 00:08:37,700

And if so, might evidence of its alien origin

144

00:08:37,800 --> 00:08:40,400

be found somewhere in Tibet?

145

00:08:40,500 --> 00:08:44,600

Perhaps clues can be found in one legendary expedition

146

00:08:44,700 --> 00:08:47,040

into the very heart of the unknown.

147

00:08:54,020 --> 00:08:58,420

Tibet, summer, 1927.

148

00:08:58,520 --> 00:09:01,720

Russian painter, philosopher, and archaeologist,

149

00:09:01,820 --> 00:09:05,860

Nicholas Rorick, embarks on an unprecedented expedition

150

00:09:05,960 --> 00:09:09,500

into the uncharted territory of the Tibetan Plateau

151

00:09:09,600 --> 00:09:13,940

on a quest to find the lost kingdom of Shambhala.

152

00:09:14,040 --> 00:09:19,040

On August 5, 1927, Rorick notes a strange object

153

00:09:19,140 --> 00:09:21,880

in the skies while traveling through the mountains

154

00:09:21,900 --> 00:09:25,180

along the northeastern border of Tibet.

155

00:09:25,280 --> 00:09:27,640

Rorick writes that they were looking up at the sky,

156

00:09:27,740 --> 00:09:29,780

watching an eagle fly around.

157

00:09:29,880 --> 00:09:34,680

And then suddenly they saw a sort of oval-shaped object

158

00:09:34,780 --> 00:09:37,220

moving from north to south.

159

00:09:37,320 --> 00:09:40,660

Very fast speeds pass over them.

160

00:09:40,760 --> 00:09:42,960

And one of his later lectures in 1935,

161

00:09:43,060 --> 00:09:45,500

Nicholas Rorick described his sighting

162

00:09:45,600 --> 00:09:49,360

as a spacecraft or an aerial vehicle that

163

00:09:49,420 --> 00:09:51,580

must have come from Shambhala itself.

164

00:09:55,220 --> 00:09:58,760

Did Nicholas Rorick witness an alien craft in Tibet

165

00:09:58,860 --> 00:10:02,960

nearly a century ago, decades before the era of modern UFO

166

00:10:03,060 --> 00:10:05,360

sightings began?

167

00:10:05,460 --> 00:10:09,400

And if so, is it possible that the traditions that have endured

168

00:10:09,500 --> 00:10:14,140

here for centuries reflect not only a profound spirituality,

169

00:10:14,240 --> 00:10:18,340

but are tied to an otherworldly presence?

170

00:10:18,400 --> 00:10:20,540

Perhaps further clues can be found

171

00:10:20,640 --> 00:10:24,700

by examining an early Buddhist civilization that suddenly

172

00:10:24,800 --> 00:10:26,700

and mysteriously disappeared.

173

00:10:29,440 --> 00:10:37,580

In Gariprefecture, Tibet, 2020, towering at over 12,000 feet,

174

00:10:37,680 --> 00:10:39,480

these ancient ruins are all that is

175

00:10:39,580 --> 00:10:43,120

left of the mysterious Buddhist kingdom of Gugge.

176

00:10:43,220 --> 00:10:46,360

Established in the 10th century, this civilization

177

00:10:46,480 --> 00:10:50,460

flourished for 700 years.

178

00:10:50,560 --> 00:10:53,220

But then, according to local legend,

179

00:10:53,320 --> 00:10:56,560

its inhabitants vanished.

180

00:10:56,660 --> 00:11:00,160

The ruins of this early city are truly amazing.

181

00:11:00,260 --> 00:11:02,600

They're in the southwest corner of Tibet.

182

00:11:02,700 --> 00:11:07,140

And there are thousands of what were temples and palaces,

183

00:11:07,240 --> 00:11:10,440

mostly gone now.

184

00:11:10,540 --> 00:11:14,480

This was a kingdom of great influence in its time.

185

00:11:14,540 --> 00:11:18,700

This magnificent capital had artwork over all the walls,

186

00:11:18,800 --> 00:11:20,780

images of the Buddha, sacred carvings,

187

00:11:20,880 --> 00:11:22,380

and images of all kind.

188

00:11:22,480 --> 00:11:23,440

It had power.

189

00:11:23,540 --> 00:11:24,380

It had glory.

190

00:11:24,480 --> 00:11:26,280

And now, it is nothing.

191

00:11:29,080 --> 00:11:31,080

Gugge was in continuous operation

192

00:11:31,180 --> 00:11:34,820

until it mysteriously virtually disappeared.

193

00:11:34,920 --> 00:11:36,720

Nobody knows exactly what happened there

194

00:11:36,820 --> 00:11:41,160

or why people stopped living there or where they went.

195

00:11:41,260 --> 00:11:44,360

Gugge was brought under the rule of the central government

196

00:11:44,360 --> 00:11:49,360

in 1680, but remained largely isolated and independent

197

00:11:49,460 --> 00:11:52,060

for more than 200 years.

198

00:11:52,160 --> 00:11:56,440

Then, in the early 20th century, the Tibetan government

199

00:11:56,540 --> 00:12:00,740

decided to finally start taxing the residents of Gugge.

200

00:12:00,840 --> 00:12:03,140

But when soldiers arrived to collect,

201

00:12:03,240 --> 00:12:06,780

they were shocked to find that the entire population,

202

00:12:06,880 --> 00:12:12,980

an estimated 100,000 people, had disappeared.

203

00:12:13,040 --> 00:12:16,480

Where they went remains a complete mystery.

204

00:12:16,580 --> 00:12:19,040

And many Tibetans believe the reason why

205

00:12:19,140 --> 00:12:24,380

is because the people of Gugge traveled deep underground.

206

00:12:24,480 --> 00:12:29,080

The fortress of Gugge had all kinds of tunnels and hidden

207

00:12:29,180 --> 00:12:31,780

staircases that went underground and went

208

00:12:31,880 --> 00:12:33,420

inside this mountain.

209

00:12:33,520 --> 00:12:36,720

So even though it was ruins already,

210

00:12:36,820 --> 00:12:38,560

when archeologists went there, they

211

00:12:38,640 --> 00:12:42,740

were astounded that this city of Gugga apparently

212

00:12:42,840 --> 00:12:45,640

led inside the Earth.

213

00:12:45,740 --> 00:12:47,640

What people seemed to believe was that if you

214

00:12:47,740 --> 00:12:51,440

were to follow these tunnels far enough into the Earth,

215

00:12:51,540 --> 00:12:55,880

you would eventually come to that hidden city of Shambhala,

216

00:12:55,980 --> 00:13:01,220

an active city full of light and power.

217

00:13:01,320 --> 00:13:03,860

Did the people of this ancient civilization

218

00:13:03,960 --> 00:13:06,800

flee underground on an epic pilgrimage

219

00:13:07,300 --> 00:13:10,040

to the mythic kingdom of Shambhala?

220

00:13:10,140 --> 00:13:14,040

And if so, where did their path lead?

221

00:13:14,140 --> 00:13:17,380

Some researchers believe the tunnels of Gugge

222

00:13:17,480 --> 00:13:19,680

lead to a holy mountain to the east

223

00:13:19,780 --> 00:13:26,360

that can be clearly seen from these ruins, Mount Kailash.

224

00:13:26,460 --> 00:13:28,660

Every year, thousands of pilgrims

225

00:13:28,760 --> 00:13:33,460

make the treacherous journey to the base of this sacred peak.

226

00:13:33,520 --> 00:13:37,860

Every year, there are pilgrimages around Mount Kailash

227

00:13:37,960 --> 00:13:41,300

in order to gain the blessing and maybe even some

228

00:13:41,400 --> 00:13:45,400

of the powers associated with the residing gods and Buddhas

229

00:13:45,500 --> 00:13:47,700

and deities of Mount Kailash.

230

00:13:47,800 --> 00:13:51,700

It lasts up to four weeks if it's done correctly

231

00:13:51,800 --> 00:13:54,480

with full prostrations at every step.

232

00:13:54,580 --> 00:13:57,980

And it's also a very unforgiving landscape.

233

00:13:58,080 --> 00:14:01,420

So many people end up giving up, and some of them

234

00:14:01,520 --> 00:14:02,520

also end up dying.

235

00:14:04,460 --> 00:14:08,620

According to ancient Buddhist texts known as the Kalakakra

236

00:14:08,720 --> 00:14:12,600

Tantra, the kingdom of Shambhala can be found behind Mount

237

00:14:12,700 --> 00:14:17,340

Kailash or, as some interpret it, within.

238

00:14:17,440 --> 00:14:20,100

And many who have stared up at this sacred peak

239

00:14:20,200 --> 00:14:22,740

have observed mysterious objects in the sky.

240

00:14:26,040 --> 00:14:30,320

Mount Kailash is at the center of all sorts of mysteries.

241

00:14:30,380 --> 00:14:34,220

UFO sightings, the hint that there might be something hidden

242

00:14:34,320 --> 00:14:37,220

there, but it's unknowable.

243

00:14:37,320 --> 00:14:40,520

There are many myths and legends and strange things

244

00:14:40,620 --> 00:14:42,220

that have gone on at Mount Kailash.

245

00:14:42,320 --> 00:14:44,620

People go there on pilgrimages, but they're

246

00:14:44,720 --> 00:14:46,720

told not to stay there long because there's something

247

00:14:46,820 --> 00:14:48,760

radioactive inside the mountain.

248

00:14:48,860 --> 00:14:50,560

And we're told that people live there

249

00:14:50,660 --> 00:14:54,600

both in physical form and in non-physical form.

250

00:14:54,700 --> 00:14:58,940

It has to be one of the strangest places on the planet.

251

00:14:59,000 --> 00:15:02,060

Is it possible that the mysterious phenomena occurring

252

00:15:02,160 --> 00:15:06,140

at Mount Kailash and its association with Shambhala

253

00:15:06,240 --> 00:15:10,640

is connected to extraterrestrial activity?

254

00:15:10,740 --> 00:15:13,040

Ancient astronaut theorists suggest

255

00:15:13,140 --> 00:15:16,780

answers can be found by studying the sacred Buddhist monuments

256

00:15:16,880 --> 00:15:20,980

known as stupas found all throughout Nepal, India,

257

00:15:21,080 --> 00:15:26,220

and Tibet, including at the ruins of Guggu.

258

00:15:26,480 --> 00:15:29,840

For centuries, people have been citing UFOs or unexplained

259

00:15:29,940 --> 00:15:32,520

craft coming in and out of Mount Kailash.

260

00:15:32,620 --> 00:15:33,680

And it's very interesting when you

261

00:15:33,780 --> 00:15:36,920

compare the shape of the stupas that we find in Tibet

262

00:15:37,020 --> 00:15:41,720

with these dome shapes and how they highly resemble some kind

263

00:15:41,820 --> 00:15:44,660

of extraterrestrial craft sitting on the ground.

264

00:15:44,760 --> 00:15:48,320

So perhaps people saw these craft entering into Kailash

265

00:15:48,420 --> 00:15:51,260

and decided we're going to build stupas in remembrance

266

00:15:51,360 --> 00:15:53,860

of what they saw.

267

00:15:54,600 --> 00:15:58,400

A stupa by definition is a vehicle with which

268

00:15:58,500 --> 00:16:00,100

to reach the realm of the gods.

269

00:16:00,200 --> 00:16:02,300

That is the definition of a stupa.

270

00:16:02,400 --> 00:16:05,740

Well, just change the wording of vehicle

271

00:16:05,840 --> 00:16:08,880

with which to reach space.

272

00:16:08,980 --> 00:16:12,040

These stupas can be seen, for example,

273

00:16:12,140 --> 00:16:15,780

in Yajanta Cave with smoke and fire at the bottom.

274

00:16:15,880 --> 00:16:17,580

What more do you want?

275

00:16:17,680 --> 00:16:19,320

It's no longer a symbol.

276

00:16:19,420 --> 00:16:21,160

It is the truth.

277

00:16:21,260 --> 00:16:23,520

Might the Buddhist stupas of Tibet

278

00:16:23,520 --> 00:16:27,460

be monuments to alien craft witnessed flying in and around

279

00:16:27,560 --> 00:16:31,460

Mount Kailash, a site believed by many to be the kingdom

280

00:16:31,560 --> 00:16:33,260

of Shambhala?

281

00:16:33,360 --> 00:16:38,360

And if so, how has it remained hidden for millennia?

282

00:16:38,460 --> 00:16:41,660

Could it be that somewhere on the slopes of Mount Kailash

283

00:16:41,760 --> 00:16:46,380

is the entrance to a hidden extraterrestrial realm?

284

00:16:46,480 --> 00:16:49,740

While countless expeditions have tried and failed

285

00:16:49,840 --> 00:16:53,220

to find the legendary kingdom of Shambhala,

286

00:16:53,220 --> 00:16:56,680

there are some who claim to have found a way to communicate

287

00:16:56,780 --> 00:16:58,820

with its otherworldly inhabitants.

288

00:17:05,920 --> 00:17:10,300

London, 1888.

289

00:17:10,400 --> 00:17:12,500

Famed Russian mystic and philosopher

290

00:17:12,600 --> 00:17:15,040

Madame Helena Petrovna Blavatsky

291

00:17:15,140 --> 00:17:19,600

publishes her seminal book, *The Secret Doctrine*.

292

00:17:19,700 --> 00:17:22,180

In it, she offers detailed descriptions

293

00:17:22,240 --> 00:17:27,280

of the legendary lost continents of Atlantis and Lemuria.

294

00:17:27,380 --> 00:17:31,480

She claims not only that these ancient civilizations existed,

295

00:17:31,580 --> 00:17:34,880

but that they possessed highly advanced technology,

296

00:17:34,980 --> 00:17:39,580

including flying machines thousands of years ago.

297

00:17:39,680 --> 00:17:44,120

Madame Blavatsky maintained that human lineage is vastly

298

00:17:44,220 --> 00:17:48,800

older than we understand, and that primordial civilizations

299

00:17:48,860 --> 00:17:53,720

like Atlantis or Lemuria form the foundation of human history

300

00:17:53,820 --> 00:17:56,660

and were much older than Egyptian culture,

301

00:17:56,760 --> 00:18:01,600

than Vedic culture, than any culture known to humanity.

302

00:18:01,700 --> 00:18:04,300

This, to her, was in a cult history

303

00:18:04,400 --> 00:18:09,700

that humankind had forgotten about, had failed to understand.

304

00:18:09,800 --> 00:18:12,340

Atlantis, we know, goes back to Plato.

305

00:18:12,440 --> 00:18:14,280

He's the first one to really talk about it.

306

00:18:14,380 --> 00:18:17,620

And both Atlantis and Lemuria, at some point,

307

00:18:17,640 --> 00:18:19,980

they sort of turned dark.

308

00:18:20,080 --> 00:18:23,780

They became fascinated with the kind of form of black magic

309

00:18:23,880 --> 00:18:25,480

and the kind of hyper technology,

310

00:18:25,580 --> 00:18:28,580

and this led to their demise.

311

00:18:28,680 --> 00:18:31,760

Madame Blavatsky claimed she received this knowledge

312

00:18:31,860 --> 00:18:35,660

from a mysterious entity she described as a Mahatma,

313

00:18:35,760 --> 00:18:38,860

a Sanskrit word that means great soul.

314

00:18:38,960 --> 00:18:44,300

He called himself Kutumi and resided in Tibet.

315

00:18:44,400 --> 00:18:47,100

Kutumi communicated with her telepathically

316

00:18:47,160 --> 00:18:49,760

in other words, she kind of channeled him.

317

00:18:49,860 --> 00:18:54,300

The way she described him is almost like an eternal Baba,

318

00:18:54,400 --> 00:18:58,600

eternal soul, so he is immortal.

319

00:18:58,700 --> 00:19:02,200

Also, he was able to manifest himself in her apartment

320

00:19:02,300 --> 00:19:05,180

in New York City, even though it was thousands of miles away.

321

00:19:08,280 --> 00:19:10,180

We have to question what was going on here.

322

00:19:10,280 --> 00:19:14,180

Was she somehow in contact with some kind of hidden world

323

00:19:14,280 --> 00:19:15,480

in the Himalayas?

324

00:19:16,480 --> 00:19:22,540

In 1875, Madame Blavatsky founded the Theosophical Society.

325

00:19:22,640 --> 00:19:24,840

It was made up of prominent thinkers

326

00:19:24,940 --> 00:19:28,080

who sought to explore Eastern religions and the occult

327

00:19:28,180 --> 00:19:30,680

and create a kind of universal brotherhood

328

00:19:30,780 --> 00:19:35,620

based on the teachings of Kutumi and other Mahatmas.

329

00:19:35,720 --> 00:19:38,560

Theosophy means the wisdom of the gods.

330

00:19:38,660 --> 00:19:42,660

Theosophical Society was incredibly successful

331

00:19:42,760 --> 00:19:44,360

and popular and influential.

332

00:19:45,360 --> 00:19:47,760

Not only in the occult world, but she was also

333

00:19:47,860 --> 00:19:50,020

influential in the cultural world.

334

00:19:50,120 --> 00:19:54,120

People like the painter Mondrian and Vasily Kandinsky

335

00:19:54,220 --> 00:19:56,260

were early Theosophists.

336

00:19:56,360 --> 00:19:58,500

L. Frank Baum, who wrote the Oz books,

337

00:19:58,600 --> 00:20:02,160

Avenue Doubleday, who invented baseball, Thomas Sedeson,

338

00:20:02,260 --> 00:20:03,440

invented the light bulb.

339

00:20:03,540 --> 00:20:04,740

These were all very early members

340

00:20:04,840 --> 00:20:07,440

of the Theosophical Society.

341

00:20:07,540 --> 00:20:11,580

While many important figures joined the Theosophical Society,

342

00:20:12,380 --> 00:20:15,480

Madame Blavatsky had a particularly profound influence

343

00:20:15,580 --> 00:20:19,980

on a young Indian law student who came to visit her in London.

344

00:20:20,080 --> 00:20:21,680

Mohandas Gandhi.

345

00:20:21,780 --> 00:20:25,180

Gandhi wrote about this as one of the pivotal encounters

346

00:20:25,280 --> 00:20:27,720

of his life.

347

00:20:27,820 --> 00:20:30,800

He maintained that Madame Blavatsky gave him

348

00:20:30,900 --> 00:20:34,460

the first sense of universal brotherhood

349

00:20:34,560 --> 00:20:39,440

that later came to form the core of his philosophy,

350

00:20:39,500 --> 00:20:44,200

not only of radical equality, but of radical nonviolence.

351

00:20:44,300 --> 00:20:45,800

Now, this is quite astonishing when

352

00:20:45,900 --> 00:20:49,940

we think about the potential here that perhaps an entity,

353

00:20:50,040 --> 00:20:51,980

this strange Tibetan entity that's

354

00:20:52,080 --> 00:20:54,340

making psychological contact with Blavatsky,

355

00:20:54,440 --> 00:20:56,380

has now reached out to someone who would go on

356

00:20:56,480 --> 00:20:59,880

to be one of the most famous persons in history

357

00:20:59,980 --> 00:21:02,560

and would have made this radical change in India that

358

00:21:02,660 --> 00:21:05,320

would really shock the world and change the face

359

00:21:05,420 --> 00:21:07,660

of the British Empire.

360

00:21:07,780 --> 00:21:10,160

Was Gandhi's transformative leadership

361

00:21:10,260 --> 00:21:12,820

and Indian independence, in part,

362

00:21:12,920 --> 00:21:16,260

a result of influence from these mysterious enlightened

363

00:21:16,360 --> 00:21:18,660

masters in Tibet?

364

00:21:18,760 --> 00:21:23,260

And if so, who were these so-called Mohandmas?

365

00:21:23,360 --> 00:21:25,900

Ancient astronaut theorists believe the answer

366

00:21:26,000 --> 00:21:28,540

can be found by examining an encounter

367

00:21:28,640 --> 00:21:29,800

with a similar entity.

368

00:21:29,800 --> 00:21:34,540

New York City, 1918.

369

00:21:34,640 --> 00:21:40,840

British occultist and writer Alastair Crowley

370

00:21:40,940 --> 00:21:46,580

engages in a magic ritual he calls the Amalantra Working.

371

00:21:46,680 --> 00:21:49,980

He claims the ritual opens an interdimensional portal,

372

00:21:50,080 --> 00:21:54,560

allowing him to interact with an otherworldly being.

373

00:21:54,660 --> 00:21:58,160

Alastair Crowley is probably the most famous or rather

374

00:21:58,180 --> 00:22:02,920

infamous magician of the 20th century,

375

00:22:03,020 --> 00:22:06,720

and Crowley took it upon himself to revive the ancient black

376

00:22:06,820 --> 00:22:08,260

arts, the dark arts, as it were.

377

00:22:10,960 --> 00:22:12,860

He was contacting lots of different beings

378

00:22:12,960 --> 00:22:15,300

from other dimensions.

379

00:22:15,400 --> 00:22:17,300

But there was also a vision Crawley

380

00:22:17,400 --> 00:22:22,540

had of this individual, this entity that he called Laan.

381

00:22:22,640 --> 00:22:24,880

According to Crawley, this entity

382

00:22:24,980 --> 00:22:27,640

claimed to reside high in the mountains of Tibet.

383

00:22:28,340 --> 00:22:31,260

Just like the Mahatma that Madame Blavatsky said

384

00:22:31,360 --> 00:22:33,700

she encountered.

385

00:22:33,800 --> 00:22:37,340

Laan claimed to be a Tibetan master of wisdom,

386

00:22:37,440 --> 00:22:39,540

somewhat in the footsteps of some of the figures

387

00:22:39,640 --> 00:22:42,480

that Madame Blavatsky had been in touch with.

388

00:22:42,580 --> 00:22:46,720

And he was a kind of mystical or otherworldly

389

00:22:46,820 --> 00:22:50,720

adept in his own description, according to Crawley.

390

00:22:50,820 --> 00:22:53,820

Alastair Crawley drew a sketch of this creature.

391

00:22:53,920 --> 00:22:56,260

And if you look at this sketch, one thing

392

00:22:56,320 --> 00:22:59,420

that hits you very forcibly, in fact, startlingly,

393

00:22:59,520 --> 00:23:02,460

is the fact that this looks like a gray alien.

394

00:23:05,660 --> 00:23:09,660

More than 70% of alleged alien abductees describe

395

00:23:09,760 --> 00:23:13,200

encountering what have become known as the grays or gray

396

00:23:13,300 --> 00:23:13,800

aliens.

397

00:23:16,400 --> 00:23:20,300

Is it possible that there is a connection between these beings

398

00:23:20,400 --> 00:23:22,640

and the Tibetan masters that both Alastair

399

00:23:22,700 --> 00:23:27,600

Crawley and Madame Blavatsky claimed to have contacted?

400

00:23:27,700 --> 00:23:30,700

And if so, does this suggest that there

401

00:23:30,800 --> 00:23:35,240

is a hidden extraterrestrial realm within Tibet?

402

00:23:35,340 --> 00:23:38,040

Some ancient astronaut theorists believe

403

00:23:38,140 --> 00:23:41,280

that physical proof of an alien presence in Tibet

404

00:23:41,380 --> 00:23:45,120

was uncovered more than 80 years ago

405

00:23:45,220 --> 00:23:47,660

by Adolf Hitler and the Nazis.

406

00:23:53,640 --> 00:24:00,300

Tista River Valley, India, May 1938,

407

00:24:00,400 --> 00:24:04,640

roughly one year before the start of the Second World War.

408

00:24:04,740 --> 00:24:07,680

German explorer and zoologist Ernst Schaefer

409

00:24:07,780 --> 00:24:11,880

leads a Nazi-funded expedition into Tibet.

410

00:24:11,980 --> 00:24:14,680

Schaefer's official objective for the expedition

411

00:24:14,780 --> 00:24:18,820

was the creation of a complete scientific record of Tibet.

412

00:24:18,920 --> 00:24:22,260

But unofficially, he was given another direction.

413

00:24:23,180 --> 00:24:27,420

To determine whether Tibet was the cradle of the Aryan race,

414

00:24:27,520 --> 00:24:31,360

this was allegedly inspired by a 19th century book written

415

00:24:31,460 --> 00:24:34,260

by British author Edward Bollward-Lytton called

416

00:24:34,360 --> 00:24:38,960

Vril, the Power of the Coming Race.

417

00:24:39,060 --> 00:24:43,200

He describes this extraordinary race of beings

418

00:24:43,300 --> 00:24:48,640

that have magical powers, sort of superheroes, really.

419

00:24:49,140 --> 00:24:51,300

And that they have the Vril power.

420

00:24:54,240 --> 00:24:57,900

And sadly, this idea also permeated

421

00:24:58,000 --> 00:25:03,440

into the very early Nazi ideologues, Worldview.

422

00:25:03,540 --> 00:25:06,940

The idea that a man can be a superman,

423

00:25:07,040 --> 00:25:10,640

and in order to do this in their eyes,

424

00:25:10,740 --> 00:25:13,180

you have to be of the Aryan race.

425

00:25:13,220 --> 00:25:17,220

Some within the Nazis ranks identified the Tibetan Mahatmas,

426

00:25:17,320 --> 00:25:22,020

described by Madame Blavatsky, as a race of supermen,

427

00:25:22,120 --> 00:25:26,520

and sought to prove that the Aryans were their descendants.

428

00:25:26,620 --> 00:25:29,420

But even more important to the German expedition

429

00:25:29,520 --> 00:25:32,820

than proving Nazi superiority was finding

430

00:25:32,920 --> 00:25:36,060

the hidden kingdom of Shambhala.

431

00:25:36,160 --> 00:25:40,060

The Nazis took an incredible interest in the war.

432

00:25:40,560 --> 00:25:43,560

The Nazis took an incredible interest

433

00:25:43,660 --> 00:25:47,020

in looking for that entrance to Shambhala.

434

00:25:47,120 --> 00:25:50,120

The Nazis were almost certainly influenced

435

00:25:50,220 --> 00:25:53,060

by the works of Madame Blavatsky,

436

00:25:53,160 --> 00:26:01,760

because she said if somebody could find access into Shambhala,

437

00:26:01,860 --> 00:26:04,300

they would also be able to control

438

00:26:04,400 --> 00:26:09,200

the destiny of humanity and the world as a whole.

439

00:26:10,800 --> 00:26:13,600

While they were there, the war broke out in 1939,

440

00:26:13,700 --> 00:26:15,100

so they were called back.

441

00:26:15,200 --> 00:26:18,740

So they didn't really return with any positive proof

442

00:26:18,840 --> 00:26:20,540

about what they were looking for,

443

00:26:20,640 --> 00:26:24,340

but the story is they did come back with this statue.

444

00:26:24,440 --> 00:26:27,040

Among the items Schaefer brought back to Germany

445

00:26:27,140 --> 00:26:31,480

was a mysterious 22-pound iron statue of what was presumed

446

00:26:31,580 --> 00:26:34,380

to be a Buddhist deity.

447

00:26:34,480 --> 00:26:37,380

The figure had a swastika on its clothing,

448

00:26:38,300 --> 00:26:41,240

a symbol of divinity that predated the Nazis

449

00:26:41,340 --> 00:26:45,040

by thousands of years.

450

00:26:45,140 --> 00:26:48,420

One of their discoveries was a little nine-inch statue

451

00:26:48,520 --> 00:26:52,920

of a being wearing a swastika on his chest,

452

00:26:53,020 --> 00:26:55,180

which certainly would have got the attention of the Nazis

453

00:26:55,280 --> 00:26:57,860

having adopted the swastika as their symbol,

454

00:26:57,960 --> 00:27:01,760

although they put it into its counterclockwise form.

455

00:27:01,860 --> 00:27:03,860

The swastika was originally a Tibetan symbol

456

00:27:03,960 --> 00:27:06,760

for prosperity and for good luck.

457

00:27:07,260 --> 00:27:09,920

In the late 19th century, the term Aryan

458

00:27:10,020 --> 00:27:12,720

referred to an Indo-European language group

459

00:27:12,820 --> 00:27:17,420

that included German, Romance, and Sanskrit languages.

460

00:27:17,520 --> 00:27:19,500

The ancient symbol of the swastika

461

00:27:19,600 --> 00:27:24,300

became associated with Aryan due to where it was found.

462

00:27:24,400 --> 00:27:26,500

But when the Nazis redefined the term

463

00:27:26,600 --> 00:27:29,540

to identify what they called the master race,

464

00:27:29,640 --> 00:27:33,140

they adopted the swastika as a symbol of their heritage

465

00:27:33,240 --> 00:27:36,340

and self-proclaimed superiority.

466

00:27:37,100 --> 00:27:40,260

We can assume that this is what stood out to them,

467

00:27:40,360 --> 00:27:44,500

was this swastika emblazoned on the chest.

468

00:27:44,600 --> 00:27:47,240

And they decided that this is a representation

469

00:27:47,340 --> 00:27:49,880

of one of these entities that are somehow involved

470

00:27:49,980 --> 00:27:52,180

in the backstory of the Aryan race

471

00:27:52,280 --> 00:27:55,180

and their sort of greatness in the world.

472

00:27:55,280 --> 00:27:57,680

Could the Iron Man statue depict

473

00:27:57,780 --> 00:28:02,760

one of the powerful Mahatmas described by Madame Blavatsky?

474

00:28:02,860 --> 00:28:05,820

Was it perhaps a sign that the Nazi expedition

475

00:28:05,880 --> 00:28:09,440

was close to finding Shambhala?

476

00:28:09,540 --> 00:28:12,180

While most researchers have been preoccupied

477

00:28:12,280 --> 00:28:15,480

with determining what the statue is meant to depict,

478

00:28:15,580 --> 00:28:20,020

80 years after its discovery, a scientific study uncovered

479

00:28:20,120 --> 00:28:23,120

an even more intriguing aspect of the Iron Man.

480

00:28:26,720 --> 00:28:31,520

Stuttgart University, 2012.

481

00:28:31,620 --> 00:28:34,120

A team of German geologists that have performed

482

00:28:34,180 --> 00:28:37,080

a new examination of the Iron Man statue,

483

00:28:37,180 --> 00:28:40,020

published their analysis in the scientific journal,

484

00:28:40,120 --> 00:28:43,620

Meteorics and Planetary Science.

485

00:28:43,720 --> 00:28:47,320

They estimate the figure was created in the 11th century

486

00:28:47,420 --> 00:28:50,360

and have found that it was not made of earthly iron

487

00:28:50,460 --> 00:28:53,960

but was carved from the Chingam meteorite.

488

00:28:54,060 --> 00:28:56,900

It turns out this thing is made from one

489

00:28:57,000 --> 00:29:01,400

of the rarest meteorites in human history.

490

00:29:01,660 --> 00:29:07,260

It fell to Earth over Tibet around 15,000 years ago.

491

00:29:07,360 --> 00:29:14,500

It's the most unusual and hardest meteorite ever discovered.

492

00:29:14,600 --> 00:29:18,700

The ancient Tibetans who carved this into a statue

493

00:29:18,800 --> 00:29:23,980

clearly suspected that this thing had great power.

494

00:29:24,080 --> 00:29:26,680

The Tibetans themselves seem to realize

495

00:29:26,780 --> 00:29:28,480

that this was special.

496

00:29:28,540 --> 00:29:31,240

And you have to wonder, is this meteorite,

497

00:29:31,340 --> 00:29:35,680

was it perhaps part of a spaceship?

498

00:29:35,780 --> 00:29:39,440

Something that had crashed there into Tibet

499

00:29:39,540 --> 00:29:41,980

and the Chingam meteorite is all that's left of it?

500

00:29:44,880 --> 00:29:48,620

Is it possible that the Iron Man statue was made from part

501

00:29:48,720 --> 00:29:52,260

of an alien craft that crash landed on Earth thousands

502

00:29:52,360 --> 00:29:54,560

of years ago?

503

00:29:54,660 --> 00:29:56,860

Could it be a remnant of an event that

504

00:29:56,940 --> 00:30:00,000

marked the arrival of otherworldly visitors

505

00:30:00,100 --> 00:30:04,200

and the beginning of the legend of Shambhala?

506

00:30:04,300 --> 00:30:07,080

Ancient astronaut theorists say yes

507

00:30:07,180 --> 00:30:10,280

and suggest that the reason this alien realm remains

508

00:30:10,380 --> 00:30:13,820

so elusive can be found by examining stories

509

00:30:13,920 --> 00:30:17,180

of a Tibetan monster known as the Yeti.

510

00:30:22,920 --> 00:30:25,220

Mount Makalu, Nepal.

511

00:30:25,280 --> 00:30:29,320

April 29, 2019.

512

00:30:29,420 --> 00:30:32,320

Just a few miles south of the Tibetan border,

513

00:30:32,420 --> 00:30:34,860

the Indian army reports the discovery

514

00:30:34,960 --> 00:30:37,800

of enormous footprints in the snow,

515

00:30:37,900 --> 00:30:43,700

measuring an astounding 32 inches long by 15 inches wide.

516

00:30:43,800 --> 00:30:46,500

They identify the footprints as having been made

517

00:30:46,600 --> 00:30:50,840

by the legendary monster known as the Yeti.

518

00:30:50,940 --> 00:30:54,520

The Yeti is some kind of a Himalayan monster.

519

00:30:54,540 --> 00:30:55,820

That looked like a man.

520

00:30:55,920 --> 00:30:57,480

That looked like an ape.

521

00:30:57,580 --> 00:31:01,220

This is a composite figure.

522

00:31:01,320 --> 00:31:06,420

Local people have seen it in the snow, in the mountains.

523

00:31:06,520 --> 00:31:10,060

Tales of the Yeti stretch back to pre-Buddhist Tibet,

524

00:31:10,160 --> 00:31:13,000

where the shamanic mystics of the Bon religion told

525

00:31:13,100 --> 00:31:16,200

of wild men that guarded a hidden place of power

526

00:31:16,300 --> 00:31:20,640

and perfection called Oma Long Ring, known in the Tibetan

527

00:31:20,740 --> 00:31:23,640

Buddhist tradition as Shambhala.

528

00:31:23,700 --> 00:31:26,540

The Yeti have this reputation of being extremely violent

529

00:31:26,640 --> 00:31:28,540

and aggressive towards humans.

530

00:31:28,640 --> 00:31:30,540

And one explanation for this is because they're

531

00:31:30,640 --> 00:31:33,740

considered to be the guardians of Shambhala,

532

00:31:33,840 --> 00:31:37,040

keeping away all those that are not pure of heart

533

00:31:37,140 --> 00:31:40,620

from entering into this holiest of holy places.

534

00:31:40,720 --> 00:31:42,720

When the early British expeditions

535

00:31:42,820 --> 00:31:45,120

went through India into Tibet, they

536

00:31:45,220 --> 00:31:47,120

would stomp at Tibetan monasteries

537

00:31:47,220 --> 00:31:48,660

on their way to Mount Everest, and they

538

00:31:48,760 --> 00:31:50,860

would be told about Yetis.

539

00:31:50,920 --> 00:31:55,360

And that Yetis were guardians of the entrances to Shambhala.

540

00:31:55,460 --> 00:31:59,860

Monsters guarding the entrances to the land of the gods?

541

00:31:59,960 --> 00:32:03,000

While it may sound like the stuff of legend,

542

00:32:03,100 --> 00:32:05,260

ancient astronaut theorists suggest

543

00:32:05,360 --> 00:32:08,640

there is disturbing evidence that may prove such stories are,

544

00:32:08,740 --> 00:32:10,680

in fact, very real.

545

00:32:13,540 --> 00:32:17,440

Atarakan, India.

546

00:32:17,500 --> 00:32:21,700

16,000 feet high in the Himalayas, just 40 miles

547

00:32:21,800 --> 00:32:25,600

from the Tibetan border lies Rup Kund Lake.

548

00:32:25,700 --> 00:32:28,940

While it has become a popular tourist destination,

549

00:32:29,040 --> 00:32:31,940

those who approach this small picturesque body of water

550

00:32:32,040 --> 00:32:34,740

are confronted with a chilling sight,

551

00:32:34,840 --> 00:32:37,680

because Rup Kund Lake is littered with the remains

552

00:32:37,780 --> 00:32:40,080

of over 600 human bodies.

553

00:32:43,520 --> 00:32:46,920

For decades, scientists assumed that the dead

554

00:32:46,980 --> 00:32:51,220

had fallen victim to a single massive catastrophe.

555

00:32:51,320 --> 00:32:55,420

But in 2019, DNA sampling revealed

556

00:32:55,520 --> 00:32:57,840

that the bodies contained in what has been dubbed

557

00:32:57,940 --> 00:33:01,260

Skeleton Lake did not all die at once,

558

00:33:01,360 --> 00:33:05,640

but at different points in time over a period of at least 1,000

559

00:33:05,740 --> 00:33:07,540

years.

560

00:33:07,640 --> 00:33:10,840

Some of the skeletons had what they said

561

00:33:10,940 --> 00:33:16,140

were unhealed compression fractures on the head.

562

00:33:16,940 --> 00:33:20,440

Were they murdered by being hammered on the head

563

00:33:20,540 --> 00:33:23,100

and then thrown into this lake?

564

00:33:23,200 --> 00:33:25,880

So researchers were baffled by this whole thing.

565

00:33:25,980 --> 00:33:28,440

And the more information that came out of this lake,

566

00:33:28,540 --> 00:33:31,720

the stranger it became.

567

00:33:31,820 --> 00:33:37,420

Recently, Indian scientists have performed DNA testing

568

00:33:37,520 --> 00:33:40,560

on those bones in the Rup Kund.

569

00:33:40,660 --> 00:33:45,560

They have found many South Asians and some East Asians.

570

00:33:46,060 --> 00:33:48,360

Meaning Chinese and Koreans.

571

00:33:48,460 --> 00:33:52,160

And of course, some from the West, for example,

572

00:33:52,260 --> 00:33:53,960

the Mediterranean region.

573

00:33:54,060 --> 00:33:57,860

So that is really intriguing, how these people wound up

574

00:33:57,960 --> 00:33:59,300

there.

575

00:33:59,400 --> 00:34:01,500

That's baffling.

576

00:34:01,600 --> 00:34:04,340

What could have drawn people from all over the world

577

00:34:04,440 --> 00:34:07,780

to make the treacherous journey to this very small and remote

578

00:34:07,880 --> 00:34:09,680

mountain lake?

579

00:34:09,780 --> 00:34:12,280

And not just at a single point in time,

580

00:34:12,380 --> 00:34:15,180

but continuously for hundreds of years.

581

00:34:16,100 --> 00:34:20,880

Rup Kund Lake is on the Pilgrims Trail to Mount Kalash,

582

00:34:20,980 --> 00:34:28,680

which is one of the central geographic sites in Hindu

583

00:34:28,780 --> 00:34:31,520

and Tibetan and Buddhist religion.

584

00:34:31,620 --> 00:34:34,060

These people at different times could have been

585

00:34:34,160 --> 00:34:36,860

on the pilgrimage path.

586

00:34:36,960 --> 00:34:40,060

If the Yeti is considered to be the guardian of Shambhala,

587

00:34:40,160 --> 00:34:43,140

and if Shambhala is Kalash, then it makes perfect sense

588

00:34:43,200 --> 00:34:46,260

why the Yeti is somehow taking these people,

589

00:34:46,360 --> 00:34:49,000

killing them, harming them, and throwing them in Skeleton Lake.

590

00:34:51,800 --> 00:34:53,940

Could the bones found at Skeleton Lake

591

00:34:54,040 --> 00:34:57,780

belong to pilgrims who were seeking Shambhala and fell

592

00:34:57,880 --> 00:35:00,120

victim to the Yeti?

593

00:35:00,220 --> 00:35:02,380

Although there have been numerous reported sightings

594

00:35:02,480 --> 00:35:06,920

of Yetis in Tibet, no reliable physical proof of their existence

595

00:35:07,020 --> 00:35:10,060

has been successfully retrieved.

596

00:35:11,060 --> 00:35:15,260

In fact, these mysterious beings are often reported as simply

597

00:35:15,360 --> 00:35:18,960

banishing into thin air.

598

00:35:19,060 --> 00:35:23,600

In 1951, the world famous Mountaineer Eric Shipton

599

00:35:23,700 --> 00:35:24,960

was on his way to Mount Everest.

600

00:35:25,060 --> 00:35:27,540

He's at 19,000 feet.

601

00:35:27,640 --> 00:35:31,040

And all of a sudden, he sees these giant footprints

602

00:35:31,140 --> 00:35:32,640

in the snow.

603

00:35:32,740 --> 00:35:34,880

And he follows them for over a mile

604

00:35:34,980 --> 00:35:37,720

until they disappear into the glacier.

605

00:35:37,780 --> 00:35:40,540

The Yeti could, in fact, be an interdimensional creature

606

00:35:40,640 --> 00:35:43,980

capable of either cloaking itself or disappearing

607

00:35:44,080 --> 00:35:45,580

into other realms.

608

00:35:45,680 --> 00:35:49,060

Perhaps they are not physical biological beings,

609

00:35:49,160 --> 00:35:51,220

but are some sort of interdimensional class

610

00:35:51,320 --> 00:35:55,500

of entities which is able to appear and disappear at will

611

00:35:55,600 --> 00:35:58,800

and manifest themselves at will to stop those who are not

612

00:35:58,900 --> 00:36:02,040

supposed to enter certain areas.

613

00:36:02,140 --> 00:36:05,780

Is it possible that both the Yeti and the kingdom of Shambhala

614

00:36:05,840 --> 00:36:09,680

that it is said to protect are not only extraterrestrial,

615

00:36:09,780 --> 00:36:13,180

but also interdimensional?

616

00:36:13,280 --> 00:36:17,380

Might this explain why they remain so elusive?

617

00:36:17,480 --> 00:36:21,220

Some modern researchers, people like Jacques Valais,

618

00:36:21,320 --> 00:36:25,360

John Keel, amongst others, have drawn the conclusion

619

00:36:25,460 --> 00:36:26,900

that maybe we're not really dealing

620

00:36:27,000 --> 00:36:30,800

with extraterrestrials from outer space,

621

00:36:30,860 --> 00:36:38,000

but ultra-terrestrials were coming from parallel space.

622

00:36:38,100 --> 00:36:42,000

That's exactly what masters of mysticism and experiences

623

00:36:42,100 --> 00:36:43,400

of the prophetic traditions have been saying

624

00:36:43,500 --> 00:36:46,500

for thousands of years.

625

00:36:46,600 --> 00:36:48,980

If a gateway leading into another dimension

626

00:36:49,080 --> 00:36:52,580

exists somewhere in Tibet, as ancient astronaut theorists

627

00:36:52,680 --> 00:36:56,620

suggest, could it be a site where extraterrestrials,

628

00:36:56,720 --> 00:37:00,520

or perhaps ultra-terrestrials, are entering our world

629

00:37:01,520 --> 00:37:06,580

and might it also be possible for us to enter theirs?

630

00:37:06,680 --> 00:37:09,020

Ancient astronaut theorists believe

631

00:37:09,120 --> 00:37:12,260

that the key to accessing this cosmic paradise

632

00:37:12,360 --> 00:37:16,100

may not lie in traveling to a secret location in Tibet,

633

00:37:16,200 --> 00:37:19,760

but in mastering an ancient technique of the mind.

634

00:37:20,160 --> 00:37:27,760

Seta County, China, December 11, 2015.

635

00:37:27,860 --> 00:37:31,000

In the southeast region of the Tibetan Plateau,

636

00:37:31,100 --> 00:37:34,140

renowned Tibetan Buddhist monk Lama Thupser

637

00:37:34,240 --> 00:37:37,000

has been in a state of continuous meditation

638

00:37:37,100 --> 00:37:41,740

for seven straight days, engaged in a practice that

639

00:37:41,840 --> 00:37:45,480

is said to go back some 10,000 years.

640

00:37:45,600 --> 00:37:50,780

He is attempting to attain what is known as the rainbow-like body.

641

00:37:50,880 --> 00:37:54,180

Tibetan Buddhists believe that through meditation practices

642

00:37:54,280 --> 00:37:59,180

like this, it is possible to access alternate realms,

643

00:37:59,280 --> 00:38:02,560

and that this may be where the kingdom of Shambhala truly

644

00:38:02,660 --> 00:38:06,200

exists.

645

00:38:06,300 --> 00:38:09,800

You will find people within Tibetan Buddhist tradition

646

00:38:09,900 --> 00:38:12,860

who have been in the world for a long time.

647

00:38:12,920 --> 00:38:16,720

You will find people within Tibetan Buddhist tradition

648

00:38:16,820 --> 00:38:20,520

who believe that Shambhala is an actual place,

649

00:38:20,620 --> 00:38:25,460

but it may be what we might call an interdimensional place.

650

00:38:25,560 --> 00:38:28,800

So it cannot be accessed through ordinary material

651

00:38:28,900 --> 00:38:34,600

techniques, but it exists in another dimension, so to speak.

652

00:38:34,700 --> 00:38:38,280

Is it possible that the concept of the rainbow-like body

653

00:38:38,380 --> 00:38:40,980

holds the key to reaching an alien realm that

654

00:38:41,040 --> 00:38:44,840

is not just a human body, but is it possible that it is?

655

00:38:44,940 --> 00:38:48,780

And is there any evidence that such a transformative process

656

00:38:48,880 --> 00:38:51,480

could actually take place?

657

00:38:51,580 --> 00:38:53,820

Recently, scientists have discovered

658

00:38:53,920 --> 00:38:57,160

that the human body, particularly in the brain,

659

00:38:57,260 --> 00:39:02,760

naturally produces light in the form of bio photons.

660

00:39:02,860 --> 00:39:08,200

The average person emits 14 to 20 photons

661

00:39:08,220 --> 00:39:12,100

per second, and this is very, very low.

662

00:39:12,200 --> 00:39:14,700

But in a state of meditation, you

663

00:39:14,800 --> 00:39:19,700

are able to raise that number by 100,000 photons

664

00:39:19,800 --> 00:39:22,640

per centimeter square per second,

665

00:39:22,740 --> 00:39:24,940

which is extremely bright.

666

00:39:25,040 --> 00:39:28,940

This tells us that when we are in a higher state of consciousness,

667

00:39:29,040 --> 00:39:32,780

our bodies emit a huge amount of light.

668

00:39:32,880 --> 00:39:36,260

And perhaps that is the reason why we call it enlightenment.

669

00:39:39,200 --> 00:39:43,000

Tibetan Buddhists say that when a highly trained priest commits

670

00:39:43,100 --> 00:39:46,160

himself to attainment of the rainbow-like body,

671

00:39:46,260 --> 00:39:50,100

his material body will fade away.

672

00:39:50,200 --> 00:39:53,300

Photographs taken by those in attendance on the seventh day

673

00:39:53,400 --> 00:39:57,940

of Lama Thupster's meditation provide an incredibly rare

674

00:39:58,040 --> 00:40:01,340

documentation of this sacred process.

675

00:40:01,440 --> 00:40:05,820

As his breathing stops and his physical body begins to die,

676

00:40:05,880 --> 00:40:09,440

it dramatically decreases in size.

677

00:40:09,540 --> 00:40:14,180

According to the monks, he is dissolved into light,

678

00:40:14,280 --> 00:40:17,820

and a final photograph reveals a beam of light shooting up

679

00:40:17,920 --> 00:40:21,520

into the sky from the site of his transformation.

680

00:40:25,120 --> 00:40:28,960

Tibetan, we believe they're left to then enlightenment

681

00:40:29,060 --> 00:40:32,060

or left to then a pure land.

682

00:40:32,160 --> 00:40:35,200

We do transplant any other different elements

683

00:40:35,680 --> 00:40:38,740

of the different universes, not only this earth.

684

00:40:38,840 --> 00:40:40,380

In the Tibetan tradition, they tell us

685

00:40:40,480 --> 00:40:43,240

that once a Lama has achieved this state of being,

686

00:40:43,340 --> 00:40:46,880

that they're able to then travel to 12 star systems

687

00:40:46,980 --> 00:40:49,640

where this teaching is taught that are all connected

688

00:40:49,740 --> 00:40:52,460

with the earth and that beings come and go.

689

00:40:52,560 --> 00:40:54,660

Bringing this teaching and enlightening

690

00:40:54,760 --> 00:40:58,060

all other civilizations they come into contact with.

691

00:40:58,160 --> 00:41:01,700

The rainbow-like body, it is an extraterrestrial teaching

692

00:41:01,800 --> 00:41:06,440

that was imported to earth from other star systems.

693

00:41:06,540 --> 00:41:10,480

Right now, very few make the efforts

694

00:41:10,580 --> 00:41:13,280

to learn how to expand consciousness

695

00:41:13,380 --> 00:41:16,220

to interact with our parallel dimensions.

696

00:41:16,320 --> 00:41:20,280

But the future is to bring the worlds together.

697

00:41:20,380 --> 00:41:23,400

This is what the biblical tradition teaches

698

00:41:23,500 --> 00:41:26,000

when it says everyone will know the truth.

699

00:41:26,100 --> 00:41:29,660

There will be enlightenment for all.

700

00:41:29,720 --> 00:41:33,000

Could it be that high in the mountains of Tibet,

701

00:41:33,100 --> 00:41:36,700

there is a gateway into another dimension?

702

00:41:36,800 --> 00:41:40,800

And if so, is it possible that this alternate realm

703

00:41:40,900 --> 00:41:45,680

can only be accessed through a state of enlightenment?

704

00:41:45,780 --> 00:41:48,240

Perhaps as science begins to understand more

705

00:41:48,340 --> 00:41:51,320

about human consciousness, we will

706

00:41:51,420 --> 00:41:55,820

learn what the Tibetan masters have known for centuries

707

00:41:55,920 --> 00:41:59,120

that we can reach the stars not only by mastering

708

00:41:59,120 --> 00:42:05,020

technology, but by mastering the power of the human mind.